As parts of the U.S. begin to approach a reopening stage, The Vision Council is committed to helping our members navigate this “new normal.” Per the Centers for Disease Control and Prevention (CDC), the COVID-19 pandemic is an emerging and rapidly changing situation with new information on best health practices determined daily. We advise all members to closely monitor local, state and federal guidance as well as information published by the CDC, Occupational Safety and Health Administration (OSHA), National Institutes of Health (NIH) and other leading authorities.

The following outlines the operating assumptions for cleaning frames. It is important to note that all eyewear and sunwear is unique, meaning that different frames require different cleaning measures. The Vision Council suggests that before cleaning, individuals contact their sales representative or manufacturer to clarify best practices.

According to OSHA, when people touch a surface or object that has been contaminated and then touch their own eyes, noses, or mouths, they may expose themselves to the virus. As glasses can potentially become contaminated by COVID-19, it is important to follow best practices for cleaning and washing hands as presented by the proper authorities.

| **ANTI-BACTERIAL WIPES** | A good option to clean eyeglasses and sunglasses. However, only the manufacturer of the frame can ensure this option based on its chemical composition and their frame material. |
| **SOAP AND WARM WATER** | A great option for cleaning eyeglasses and sunglasses. |
| **MILD MIXTURE OF HYDROGEN PEROXIDE AND WATER** | Another good choice for sanitizing. Mixing ratio to be determined by manufacturer of the frame. |
| **UVC – DISINFECTING DEVICES** | UVC devices are another means for disinfecting frames. These devices can also be used to disinfect other items such as your hand tools. Ensure you follow the manufacturer’s recommendation for using their UVC device. |

**STEPS FOR CLEANING FRAMES:**

1. Wash hands thoroughly per CDC guidelines, scrubbing for 20 seconds.
2. Apply latex or vinyl gloves and change them after each customer/patient.
3. Clean every part of the frame using preferred sanitization method.
4. Do not touch your face during the process.
5. Dispose of gloves and cleaning materials (if applicable).
6. Wash hands thoroughly per CDC guidelines, scrubbing for 20 seconds.
THE FOLLOWING INFORMATION OUTLINES BEST OPERATING ASSUMPTIONS RELATED TO HANDLING SHIPMENTS.

According to a study from the NIH, CDC, UCLA and Princeton University scientists, COVID-19 is stable for several hours to days in aerosols and on surfaces. The scientists found that COVID-19 was detectable in:

- Aerosols for up to three hours,
- Copper for up to four hours,
- Cardboard for up to 24 hours, and
- Plastic and stainless steel for up to two to three days.

It is important to note that the CDC does not currently believe that transmission through such interactions is the main way the virus spreads; however, the CDC does recommend the steps below when receiving deliveries:

- Accept deliveries without in-person contact whenever possible.
- After receiving your delivery, wash your hands with soap and water for 20 seconds. If soap and water are not available, use a hand sanitizer with at least 60 percent alcohol.
- After collecting mail from a post office or home mailbox, wash your hands with soap and water for at least 20 seconds or use a hand sanitizer with at least 60 percent alcohol.

DISCLAIMER – This document constitutes a summary of suggested practices offered by The Vision Council, it is intended solely for informational purposes and is not intended to replace or be a substitute for professional advice. Note that suggested procedures may not comply with local or state regulations in your area so you should check local requirements to insure compliance. Also, frame and lens compositions vary from manufacturer to manufacture so it is important to receive assurances from manufacturers that recommended cleaning materials will not damage their products. The Vision Council disclaims all liability for damages of any kind arising out of use, reference to, or reliance on the provided information.